

TABLE OF CONTENTS

Advanced MSK Ultrasound of the Wrist, Hand & Fingers eLearning

CHAPTER	LECTURE	TIMING
CTS protocol extended	Carpal tunnel anatomy	00:05:46
	Proximal carpal tunnel sonoanatomy	00:05:02
	Proximal carpal tunnel anatomical variations sonoanatomy	00:05:38
	CTS protocol proximal tunnel scanning	00:04:10
	Pronator quadratus muscle anatomy	00:01:52
	Pronator quadratus muscle sonoanatomy	00:03:24
	CTS protocol pronator quadratus level scanning	00:03:18
	Distal carpal tunnel sonoanatomy	00:02:30
	CTS protocol distal tunnel	00:02:20
	Scanning through whole carpal tunnel sonoanatomy	00:01:30
	CTS median nerve proximal to distal	00:01:57
	Carpal tunnel LAX sonoanatomy	00:04:58
	CTS protocol median nerve scanning - longitudinal	00:01:59
	CTS protocol dynamical tests sonoanatomy	00:05:36
	CTS protocol sqeez test - transverse & longitudinal	00:02:32
	Flexor digitorum superficialis Intrusion test	00:01:36
	Lumbrical intrusion test	00:01:10
	CTS general information and pathophysiology	00:07:16
	CTS notch signs	00:04:01
	CTS neovascularization and vascular causes - sonopathology	00:05:38
CTS tumors and soft tissue nodules - sonopathology	00:05:19	
CTS fluids from tendon sheaths and joints - sonopathology	00:04:02	
CTS short axis views - sonopathology	00:03:10	
CTS ultrasound-guided interventions	00:04:50	
Guyon's Tunnel		
Guyon's Tunnel	Ulnar nerve anatomy	00:06:18
	Guyon Tunnel sonoanatomy	00:05:07
	Guyon Tunnel scanning	00:02:27
	Ulnar nerve sonopathology	00:04:56
FOOSH protocol		
FOOSH protocol	FOOSH protocol anatomy	00:05:39
	FOOSH protocol part 1 sonoanatomy	00:04:52
	FOOSH protocol part 2 sonoanatomy	00:05:42
	Demo: FOOSH step 1 carpus dorsal 3rd ray	00:02:13
	Demo: FOOSH step 2 scapholunate ligament	00:03:00

	Demo: FOOSH step 3 and 4 dorsal sling: radiolunotriquetral and scapholunotriquetral ligament	00:03:06
	Demo: FOOSH step 5 and 6 scaphoid: dorsal and palmar view	00:02:56
	Demo: FOOSH step 7 SST and CMC1 joints	00:02:05
	FOOSH radiocarpal midcarpal sonopathology	00:04:16
	FOOSH Radius fracture sonopathology	00:02:41
	FOOSH scapholunate dorsal sling sonopathology	00:03:26
	FOOSH scaphoid fracture sonopathology	00:06:26
Thumb		
	Thumb anatomy	00:08:22
	Thumb CMC sonoanatomy	00:05:11
	Thumb UCL RCL Sesamoids sonoanatomy	00:06:10
	Thumb tendon sonoanatomy	00:04:02
	CMC 1 scanning - dorsal view	00:03:43
	CMC 1 scanning - palmar view	00:01:37
	STT joint scanning	00:02:03
	Flexor carpi radialis scanning	00:02:05
	Thumb UCL and RCL scanning	00:04:54
	Thumb volar sesamoids scanning	00:03:20
	Thumb UCL non-displaced sonopathology	00:07:35
	Thumb UCL displaced sonopathology	00:06:47
	Thumb RCL sonopathology	00:03:56
	Thumb sesamoids sonopathology	00:02:46
	Thumb tendon sonopathology	00:03:08
	Thumb joint sonopathology	00:04:00
Extensor compartment 1-2-3		
	Extensor compartment 1 anatomy	00:07:10
	Extensor compartment 1 sonanatomy	00:04:02
	Extensor compartment 2 anatomy	00:02:32
	Extensor compartment 2 sonanatomy	00:02:54
	Extensor compartment 3 anatomy	00:03:05
	Extensor compartment 3 sonanatomy	00:02:12
	Extensor compartment 1-2-3 scanning - transverse	00:04:44
	Extensor compartment 1 sonopathology	00:06:18
	Extensor compartment 2 sonopathology	00:04:10
	Extensor compartment 3 sonopathology	00:02:42
Extensor compartment 4-5-6		
	Extensor compartment 4 anatomy	00:04:14
	Extensor compartment 4 sonanatomy	00:02:30
	Extensor compartment 5 anatomy	00:02:45
	Extensor compartment 5 sonanatomy	00:00:57
	Extensor compartment 6 anatomy	00:02:39

	Extensor compartment 6 sonanatomy	00:02:18
	Extensor compartment 4-5-6 scanning - transverse	00:03:51
	Extensor compartment 4 sonopathology	00:04:24
	Extensor compartment 5 sonopathology	00:02:54
	Extensor compartment 6 sonopathology	00:06:04
Metacarpal region		
	Metacarpal anatomy	00:04:00
	Metacarpal sonoanatomy	00:04:34
	Metacarpal joint scanning - dorsal	00:04:57
	Metacarpal joint scanning - volar	00:02:25
	Metacarpal sonopathology	00:04:20
Extensors		
	Extensors phalanges anatomy	00:06:59
	Extensors phalanges in LAX sonoanatomy	00:05:22
	Extensors phalanges in SAX sonoanatomy	00:05:16
	Extensor tendon scanning - transverse	00:04:39
	Extensor tendon scanning - longitudinal	00:02:41
	Sagittal band MCP joint scanning	00:02:08
	Extensors Sagittal band lesion sonopathology	00:04:36
	Extensors Mallet finger sonopathology	00:03:14
	Extensors Swan neck deformity sonopathology	00:03:38
	Extensors Boutonniere deformity sonopathology	00:03:22
	Extensor tendon sonopathology	00:03:41
	Extensors rheumatology sonopathology	00:09:41
Flexors		
	Finger flexors - anatomy	00:08:19
	Finger flexor biomechanics - anatomy	00:04:36
	Flexor carpi radialis - anatomy	00:02:15
	Finger flexors in SAX - sonoanatomy	00:05:12
	Finger flexors in LAX - sonoanatomy	00:06:51
	Flexor carpi radialis - sonoanatomy	00:02:52
	Flexor tendon scanning - transverse	00:05:03
	Flexor tendon scanning - longitudinal	00:04:25
	Flexor pulley scanning - transverse & longitudinal	00:05:02
	Flexor carpi radialis scanning	00:02:05
	Flexor pulley thickening - sonopathology	00:06:50
	Flexor pulley tear - sonopathology	00:03:54
	Flexor tendon part 1 - sonopathology	00:05:32
	Flexor tendon part 2 - sonopathology	00:07:54
	Joints ligaments & volar plate - sonopathology	00:07:16
	Rheumatology capsular distension - sonopathology	00:05:10
	Rheumatology grading neovascularization - sonopathology	00:02:32

	Rheumatoid arthritis - sonopathology	00:07:48
	Rheumatology osteoarthritis - sonopathology	00:06:22
	Flexor carpi radialis sonopathology	00:03:00
	Total time	07:55:56