

Chapter	Name	Lecture	Timing
Ventral knee	1 Ventral knee	Suprapatellar: tendon sonopathology	00:04:58
		Suprapatellar: bursa sonopathology	00:05:07
		(Pre)patellar sonopathology	00:08:59
		Infrapatellar: tendon sonopathology	00:07:28
		Infrapatellar: bursa and fatpad sonopathology	00:05:50
		Femoral trochlea sonopathology	00:05:58
	2 ACL	ACL (sono)anatomy	00:05:02
		ACL scanning - longitudinal	00:02:20
		ACL femoral notch sign scanning - transverse	00:01:40
		ACL ultrasound guided Lachman test scanning - longitudinal	00:01:31
		ACL - sonopathology	00:05:16
Medial knee	3 MPFL	Medial patellafemoral joint anatomy	00:04:58
		Medial patellafemoral joint sonoanatomy	00:03:54
		Medial patellafemoral joint scanning - longitudinal	00:03:41
		Medial patellafemoral joint sonopathology	00:04:58
	4 MCL & POL	MCL and POL anatomy	00:07:18
		MCL and POL sonoanatomy	00:05:46
		MCL and POL scanning - transverse	00:03:24
		MCL and POL scanning - longitudinal	00:05:18
		MCL and POL sonopathology	00:07:32
	5 Medial joint	Medial joint sonopathology	00:08:12
Posteromedial knee	6 Posteromedial knee	Posteromedial knee anatomy	00:04:32
		Posteromedial knee sonoanatomy	00:04:56
		Posteromedial knee scanning - transverse	00:05:07
		Posteromedial knee scanning - longitudinal	00:03:33
		Posteromedial knee sonopathology	00:05:40
Posterior knee	7 Popliteal fossa	Popliteal fossa anatomy and sonoanatomy	00:04:42
		Popliteal fossa scanning - transverse	00:03:19
		PCL anatomy and sonoanatomy	00:03:43
		PCL scanning - longitudinal	00:02:59
		PCL sonopathology	00:04:00
Posterolateral knee	8 Fibular head	Fibular head anatomy	00:06:18
		Fibular head sonoanatomy	00:05:54
		Biceps femoris insertion scanning - longitudinal	00:01:50
		Biceps femoris insertion scanning - transverse	00:02:18
		Popliteofibular ligament scanning - longitudinal	00:01:23
		Biceps femoris insertion sonopathology	00:03:20
	9 Common peroneal nerve	Common peroneal nerve anatomy	00:02:56
		Common peroneal nerve sonoanatomy	00:02:26
		Common peroneal nerve scanning - transverse	00:02:18
		Common peroneal nerve sonopathology	00:04:37
(Antero)lateral knee	10 Lateral knee joint	Lateral knee: scanning the Z scanning - longitudinal	00:03:09
		Lateral knee joint sonopathology	00:05:53
	11 Anterolateral knee	Anterolateral knee anatomy	00:05:02
		Anterolateral ligament scanning - longitudinal	00:02:24
		Lateral patella retinaculum scanning - transverse	00:02:08
		Osteoarthritis and TKA sonopathology	00:07:59
Posterior compartment: superficial part	12 Triceps surae	Leg superficial posterior compartment anatomy	00:04:22
		Leg superficial posterior compartment sonoanatomy	00:08:00
		Leg superficial posterior compartment scanning - transverse & longitudinal	00:05:46
		Leg superficial posterior compartment sonopathology	00:07:42
Posterior compartment: deep part	13 TP, FDL and FHL	Leg deep posterior compartment anatomy	00:01:56
		Leg deep posterior compartment sonoanatomy	00:02:26
		Leg deep posterior compartment scanning - transverse & longitudinal	00:03:57
Lateral compartment	14 Peroneus longus and brevis	Leg lateral compartment anatomy	00:02:20

		Leg lateral compartment sonoanatomy	00:02:44
		Leg lateral compartment scanning - transverse & longitudinal	00:02:33
Anterior compartment	15 TA, EHL and EDL	Leg anterior compartment anatomy	00:02:36
		Leg anterior compartment sonoanatomy	00:05:08
		Leg anterior compartment scanning - transverse & longitudinal	00:06:07
		Leg sonopathology	00:06:16
Lower leg	16 Deep Vein Thrombosis	Deep vein thrombosis anatomy sonoanatomy	00:10:04
		Deep vein thrombosis scanning - transverse	00:05:44
		Deep vein thrombosis sonopathology	00:10:48
		Total time	05:00:05